

APPETIZERS

Prawn on Puree	£3.50
Well spiced prawn cooked with garlic & tomato served on deep fried bread	
King Prawn on Puree Prepared as above	£5.20
King Prawn Butterfly	£4.20
Lightly spiced king prawn fried with butter mix served with salad & mint yoghurt sauce	
Pangash Kebab	£4.50
Fillet of fresh water fish marinated in Lalbagh special sauce then covered in breadcrumbs deep fried & served with mint chutney	
Macchli Amritsari	£4.50
Deep fried fish in our special Lalbagh batter recipe served with mint chutney	
Salmon Biran Light spiced salmon, pan fried with onion & capsicum	£4.50
Tandoori Pangash	£4.50
Fresh water Bangladeshi fish fillet marinated in special sauce then grilled in tandoor	
Crispy Squid	£4.50
Marinated in home made sauce & deep fried. Served with salad & special sauce	
Onion Bhaji	£2.95
Poneer Pakora Deep fried poneer in our special Lalbagh batter recipe	£3.95
Chat Poti	£3.95
Hot sweet & sour chickpeas & potato cooked in special sauce served with puska	
Bazaa Bagoon	£4.20
Aubergine marinated in special sauce then steamed & pan fried. Served with tamarind sauce	
Halim Lightly spiced mixture of lentil soup with small pieces of lamb. Hot & sour	£3.95
Samosa Meat/chicken/vegetable/poneer	£2.95
Aloo or Chicken Chat	£3.50
Small juicy pieces of chicken or potato cooked with tomato & cucumber in chat mossala served with puska	
Tandoori Chicken Served with salad & rice bread	£3.95
Chicken Amritsari	£4.50
Deep fried chicken in our special Lalbagh batter recipe served with mint chutney	
Chicken or Lamb Tikka Served with salad & rice bread	£3.95
Lamb Cutlet	£4.50
Tender baby lamb chops marinated in special sauce then grilled in tandoor	
Mixed Kebab	£4.50
An assortment of chicken tikka, lamb cutlet & sheek kebab served with salad, rice bread & mint yoghurt sauce	
Sheek Kebab	£3.90
Minced meat aromatically spiced (in rolls) & grilled in tandoor on skewers. Served with salad & mint yoghurt sauce	
Jali Kebab	£3.95
Minced meat fried with special spices & covered in egg net served with salad & mint yoghurt sauce	
Lalbagh Chicken Drumstick	£3.95
Chicken leg marinated in our special sauce then grilled in tandoor served with salad & mint yoghurt sauce	

LALBAGH RESTAURANT SPECIAL

Dishes below are specially selected by Miftaur to give you a taste of traditional Bangladeshi fish curries with British influence. All the dishes are medium strength unless stated where no chillies are used if you prefer hot then please ask when ordering

Shorisha Chingrie	£12.90
Whole king prawns tempered with whole coriander & cumin seed served on a delicately spicy mustard based sauce	
Shathkora Pangash	£8.95
Fresh water fillet of pangash cooked with shathkora (wild citrus fruit) & garlic	
Tanga Pangash	£8.95
This is a light and sour fish curry cooked with tumeric, cherry tomato, garlic & coriander	
Pangash Juri	£8.95
Fresh water fish cut into small pieces then stir fried with onion, green pepper & other exotic spices	
Lalbagh Salmon Jalfrezi	£9.50
Fillets of salmon cooked with green chilli, green & red pepper, onion & ginger. Fairly hot	
Dhoi Salmon Tikka	£9.50
Grilled salmon cooked in yoghurt & coconut based mild sauce with a hint of saffron	
Lalbagh Seabass in Bangali Fish Broth	£11.90
Pan fried fillet of seabass tempered with mustard seed served on Bangali fish broth with baby spinach & baby potatoes	
Shorisha Seabass	£11.90
Fillet of seabass pan fried with whole coriander & cumin served on freshly ground mustard seed based Elish (National fish of Bangladesh) fish broth	
Buriganga Chingrie	£12.90
Whole fresh water king prawns cooked with baby spinach, methi leaves, mustard & other exotic spices	

HOUSE SPECIALITIES

Chicken/Lamb Tikka Labbadher	£7.30
A Punjabi dish like many traditional tikka dish, is made from boneless chicken served in a blend of tomato & onion and finished with fresh cream & fenugreek leaves garnished with fresh coriander & spring onion	
Tandoori King Prawn Labbadher Prepared as above	£12.50
Chicken/Lamb Passanda	£7.30
Spring chicken off the bone cooked with almond, fresh cream & special mild selected spices	
Chicken/Lamb Tikka Jalfrezi	£7.30
Well spiced pieces of chicken cooked with fresh ginger, green chillies, capsicum, onion, tomato & other exotic spices	
Tandoori Beef Jalfrezi Prepared as above	£12.50
Tandoori King Prawn Jalfrezi Prepared as above	£12.50
Batak Tikka Jalfrezi Prepared as above	£11.50
Garlic Chicken/Lamb Well spiced medium hot curry cooked with roasted garlic	£7.30
Chicken/Lamb Tikka Rezzala	£7.30
Bhuna type dish cooked with spring onion, capsicum, cherry tomato & a touch of yoghurt	
Shakooti Chicken/Lamb Tikka	£7.30
Cooked with roasted, coconut powder, mustard seed, black pepper ginger & dry chillies	
Green Chilli Chicken Tikka	£7.30
Well spiced, rather hot with green chillies, green curry paste & lemon grass	
Korai Chicken or Lamb Tikka	£7.30
Cooked with tomato based sauce & herbs & aromatic spices & topped with shallot, tomato, red & green pepper, garnished with onion ring, fresh coriander & mint	
Korai Batak Tikka Prepared as above	£11.50
Korai King Prawn Tandoori Prepared as above	£12.50
Korai Lamb Chop Prepared as above	£9.90
Chana Chicken/Lamb Tikka Special Cooked with chickpeas. Medium	£7.30
Chicken Tikka Sag with Green Chillies	£7.30
Achari Chicken/Lamb Tikka	£7.30
Cooked with pickled shatkora (wild citrus fruit) Medium	
Chicken Salee Bhuna chicken decorated with thin fried potato	£7.30
Butter Chicken Mild chicken in sauce of yoghurt & nut	£7.30
Chicken/Lamb Mirch Masala Very hot, chilli flavour	£7.30

TANDOORI COOKING

All Tandoori main dishes served with salad & mint yoghurt sauce

Chicken/Lamb Tikka	£7.20
Succulent diced chicken or lamb marinated in herbs & spices then grilled in tandoor on skewer	
Chicken/Lamb Tikka Shashleek	£8.50
cooked as above this time adding grilled tomato, capsicum & onion	
Tandoori Chicken	£7.20
Spring chicken on the bone marinated in herbs & spices then grilled in tandoor	
Tandoori Pangash	£10.50
Fresh water Bangladeshi fish fillet marinated in special sauce then grilled in tandoor	
Tandoori Salmon Cooked as above	£10.50
Tandoori King Prawn	£11.50
Fresh water king prawn marinated in special sauce then grilled in tandoor	
Tandoori Mixed Grill	£12.90
Assortment of chicken tikka, lamb tikka, tandoori Chicken, lamb chop, king prawn served with nan bread, salad & mint sauce	
Tandoori Batak Tikka	£10.50
Tender breast of duck marinated in yoghurt, herbs & spices then grilled in tandoor on skewers	
Tandoori Lamb Chops	£8.90
Lamb chops marinated with yoghurt, herbs, spices & soy sauce then grilled in tandoor	
Tandoori Sea Bass	£11.50
Fillets of sea bass marinated in special sauce then grilled with red pepper & onion served with salad	
Lalbagh Maccli Sea Mixed	£14.50
Assortment of fillets of pangash, salmon, sea bass and king prawns served with salad & mint sauce	

MOSSALA DISHES

After the marinated Chicken, Lamb, Prawn etc. has grilled in Tandoor it is then cooked in a specially prepared delicately flavoured spicy sauce

Chicken Tikka Mossala	£7.95
Lamb Tikka Mossala	£7.95
Chicken Tikka Shashleek Mossala	£9.60
Tandoori Lamb Chop Mossala	£8.60
Duck Tikka Mossala	£12.50
Tandoori King Prawn Mossala	£13.50

BALTI DISHES

Balti cooking: Whole spices are roasted & ground to create a most aromatic spice mixture, combined with fresh herbs like Coriander, Fenugreek & Mint to give the Balti dish its distinctive taste. All Balti dishes are served with Nan bread. You can have those dishes hot on request

Balti Chicken/Lamb	£7.95
Balti Chicken/Lamb Tikka	£8.95
Balti Batak Tikka	£12.50
Balti Prawn	£7.95
Balti King Prawn	£11.90
Balti Vegetable	£7.95

BHUNA DISHES

A combination of special blend of spices fried together to provide a dish of medium strength & rather dry consistency as compared with curry

Chicken/Lamb Bhuna	£5.95
Chicken/Lamb Tikka Bhuna	£6.95
Prawn Bhuna	£6.95
King Prawn Bhuna	£7.90
Mixed Vegetable Bhuna	£5.95

DOPIAZA / ROGAN DISHES

Dopiazza: A method of preparation similar to Bhuna dishes, where onion & pepper are mixed with spices & fried briskly

Rogan: A mixture of selected spices cooked in delicately flavoured sauce with garlic & lots of fresh tomatoes

Chicken or Lamb Dopiazza/Rogan	£5.95
Chicken or Lamb Tikka Dopiazza/Rogan	£6.95
Prawn Dopiazza/Rogan	£6.95
King Prawn Dopiazza/Rogan	£7.90
Vegetable Dopiazza/Rogan	£5.95

DANSAK / PATHIA DISHES

Dansak: Well spiced hot sweet & sour finely flavoured dish, with lentils & a touch of Worcestershire sauce

Pathia: Well spiced hot sweet & sour cooked with coconut & tomato

Chicken or Lamb Dansak/Pathia	£5.95
Chicken or Lamb Tikka Dansak/Pathia	£6.95
Prawn Dansak/Pathia	£6.95
King Prawn Dansak/Pathia	£7.90
Vegetable Dansak/Pathia	£5.95

CURRY DISHES

A sauce of medium, with a wide range of Oriental spices, giving a rich flavour

Chicken/Lamb Curry	£5.95
Chicken/Lamb Tikka Curry	£6.95
Prawn Curry	£6.95
King Prawn Curry	£7.90
Vegetable Curry	£5.95



MADRAS / VINDALOO DISHES

Madras: A South Indian version of dish found in Central & Eastern India, having a greater proportion of garam masala & touch of fresh lemon, which lend a fiery taste to its richness
Vindaloo: Related to madras, but involving a greater use of fresh garlic, ginger & black pepper. It owes its name & in part, contents, to early Portuguese settlers. Very hot

Chicken/Lamb Madras/Vindaloo	£5.95
Chicken/Lamb Tikka Madras/Vindaloo	£6.95
Prawn Madras/Vindaloo	£6.95
King Prawn Madras/Vindaloo	£7.90

KURMA / KASHMIRI DISHES

Kurma: A preparation of mild spices in which milk or cream is used to create the delicacy of its flavour & creamy texture
Kashmiri: A preparation of mild spices in which bananas are used to create a unique flavour of fruity curry

Chicken/Lamb Kurma/Kashmiri	£6.50
Chicken/Lamb Tikka Kurma/Kashmiri	£7.50
King Prawn Kurma/Kashmiri	£9.50
Vegetable Kurma/Kashmiri	£6.50

BIRYANI DISHES

A Biryani is made by gently cooking with special flavour Basmati rice together with saffron & a mixture of mild spices. Served with vegetable curry

Lalbagh Special Biryani	£10.50
Bagdad-I-Bakerkhana	£9.50
Chicken or Lamb Biryani	£7.90
Chicken or Lamb Tikka Biryani	£8.90
Prawn Biryani	£8.90
King Prawn Biryani	£11.90
Vegetable Biryani	£7.90

VARIATION CURRY DISHES

Sag Ghust/Chicken	Tender lamb/chicken cooked with spinach	£6.95
Sag Prawn		£6.95
King Prawn Sag		£8.90
Methi Chicken/Lamb	Tender chicken/lamb cooked with fenugreek leaves	£6.95
Chicken Lamb & Mushroom		£6.95
Chicken/Lamb Ceylon	Hot & sour cooked with coconut	£6.95

VEGETARIAN MAIN DISHES

Quorn Labbabdar	£6.95	
Quorn Masala	£6.95	
Quorn Bhuna	£6.20	
Quorn Jalfrezi	£6.20	
Mixed Vegetable Mossala	£6.90	
Mixed Vegetable Labbabdar	£6.90	
Aloo Gobi Bhuna	£5.95	
Dall Sambar	£5.95	
Bhindi Dopiaza	£5.95	
Vegetable Balti	Served with nan bread	£7.95
Quorn Biryani	£6.95	
Mixed Vegetable Biryani	£6.95	
Mushroom Biryani	£6.95	
Aloo Gobi Biryani	£6.95	

RICE DISHES

Lalbagh Fried Rice	£3.50
Plain Steamed Rice	£2.50
Saffron Pilau Rice	£2.70
Onion Fried Rice	£3.20
Mushroom Pilau	£3.20
Lime Pilau	£3.20
Egg Pilau	£3.20
Coconut Pilau	£3.20

VEGETABLE SIDE DISHES

Mixed Vegetable Bhajee	£3.20
Mushroom Bhajee	£2.95
Cauliflower & Coconut Dall	£2.95
Cauliflower Bhajee	£2.95
Saag Bhajee (Spinach)	£2.95
Brinjal Bhajee (Aubergine)	£2.95
Bhindi Bhajee (Okra)	£2.95
Bombay Aloo (Spicy potato)	£2.95
Chana Mossala (Chickpeas)	£2.95
Dall Sambar (Spicy lentils with mixed vegetables)	£3.20
Tarka Dall (Lentils)	£2.95
Saag Poneer (Spinach & cheese)	£3.20
Motor Poneer (Peas & cheese)	£3.20
Saag Aloo (Spinach & potato)	£3.20
Aloo Gobi (Potato & cauliflower)	£3.20
Broccoli Bhajee	£2.95
Do Gobi (Cauliflower & broccoli)	£3.20

SUNDRIES

Plain Nan	£2.20
Poneer Nan (Stuffed with Indian cheese)	£2.80
Keema Nan (Stuffed with spicy minced lamb)	£2.80
Garlic Nan	£2.80
Peshwari Nan	£2.90
Lalbagh Special Nan	£2.90
Vegetable Nan	£2.60
Plain Paratha	£2.50
Chapati	£1.50
Puree	£1.20
Raitha	£2.20
Papadum	£0.60
Massala Papadum	£0.70
Chutney Tray for Two (Mixed pickle, mango chutney, onion salad & mint sauce)	£2.50

Chilled Beer Available - Please ask

ALLERGIES

If you suffer from an acute allergy to any of the following: Sugar, Wheat, Nuts or Dairy Products, please do not hesitate to ask us when ordering

HOME DELIVERIES

£3.00 for up to 3 mile radius. Other areas - please ask
 Minimum delivery order £15.00



All major credit cards accepted. We do not accept cheques
 Credit cards accepted for orders over £10.00



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LALBAGH

Bangladeshi & Indian Diner

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